





Rich Hickson Girls Varsity Program

EXPERIENCE

- New Canaan Girls Varsity Coach 2016-Present
- Brien McMahon Girls Varsity Coach 2012-2015
- Westhill HS Assistant Varsity Coach 2008-2011
- New Canaan travel coach 2016-present
- CFC Arsenal Coach 2011-Present
- UK Elite Soccer 2014-2016
- NOGA Soccer 2006-2014

QUALIFICATIONS

- NCAA Advanced National diploma
- NCAA National diploma
- USSF 'E' License
- FA Level 1 & 2 Coaching Licenses

Rich came to America to coach in 2006 and since then has been involved in developing youth soccer players of varying age, level and ability.

Before this he played soccer competitively in England from a young age, culminating in playing 3 years at Leeds Trinity University. While studying to receive his degree in Sport, Health, Leisure and Media he coached locally for Leeds United Football Club.

Rich has coached in New Canaan for the past 8 years with varying youth teams and the high school program. Previous to this he has coached in Westchester and varying town programs in CT.

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Luke Green Boys Varsity Program

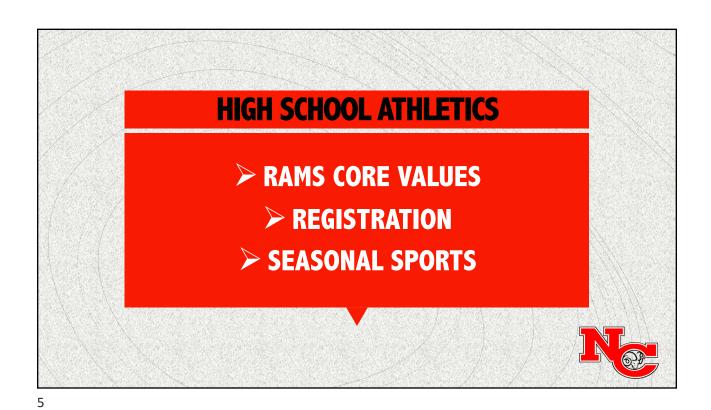
EXPERIENCE

- New Canaan HS Boys: Varsity Coach 2017-Present
- New Canaan HS Girls: Freshman Coach 2016-2017
- University of Bridgeport, Womens' Soccer:
 Assistant Coach 2016-2017
- New Canaan FC: Director of Coaching 2013-Present
- UK Elite Soccer 2012-2020
- International Sports Training Camp, PA: Athletic Director 2010-2013

QUALIFICATIONS

- UEFA B Licensed, FAW
- BA(Hns) Sports Coaching & Performance
- USSF, National Youth License
- USSF, Licenses (C, D, F & Grassroots)
- FA Level 1 & 2 Coaching Licenses
- NCAA Advanced National Diploma

Prior to joining NCHS & New Canaan FC, Luke completed his University studies in the UK. From a young age he played 'Football' in the UK at State and University level. Having moved to the US, Luke worked as Athletic Director for a Sports Training Camp in Pa, before moving to coach in Westchester County for UK Elite Soccer and was integral to their Corporate National Events Program.



RESPONSIBILITY: TO TEAMMATES, SCHOOL
AND COMMUNITY
ACCOUNTABILITY: FOR YOUR ACTIONS AND
DECISIONS
MOTIVATION: SEEK EXCELLENCE, NOT
PERFECTION
STRENGTH: POSSESS CHARACTER TO ACT
WITH HONOR AND CONVICTION



FALL

AUG - NOVEMBER

WINTER

SPORTS:
DEFINED

NOVEMBER - MARCH

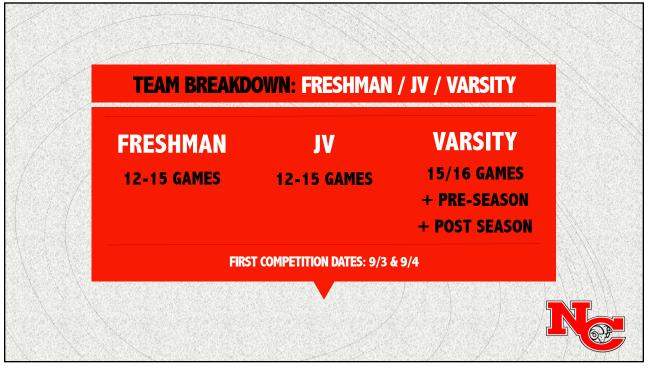
SPRING

MARCH - JUNE









HOW TO PARTICIPATE: NCRAMS.COM

TEAM REGISTRATION NCRAMS.COM / FALL SPORTS — COST SO

TEAM DUES - \$200-\$300
TEAM KIT/SWAG — \$100-200 LINKS TO BE SENT OUT



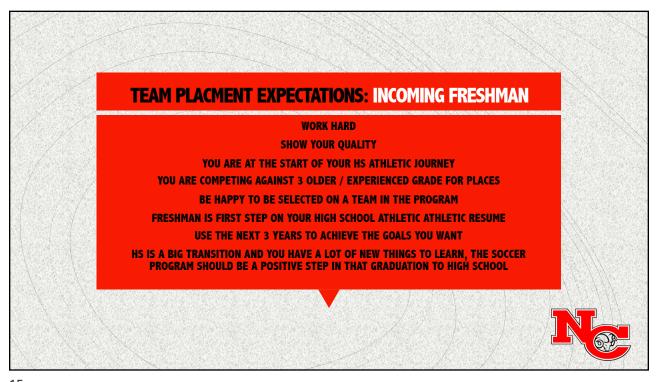
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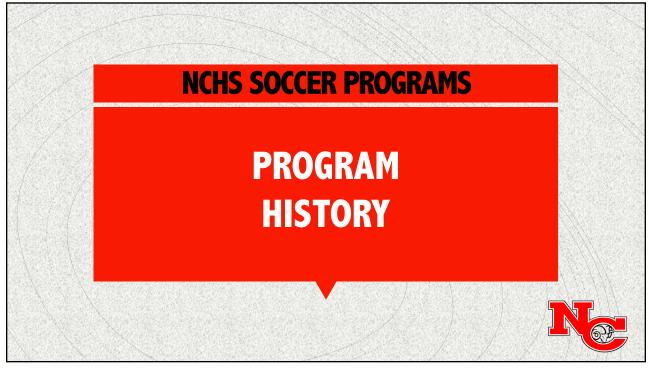
THE SEASON: GEAR / UNIFORM

GAME ATTIRE (PROVIDED BY SCHOOL)

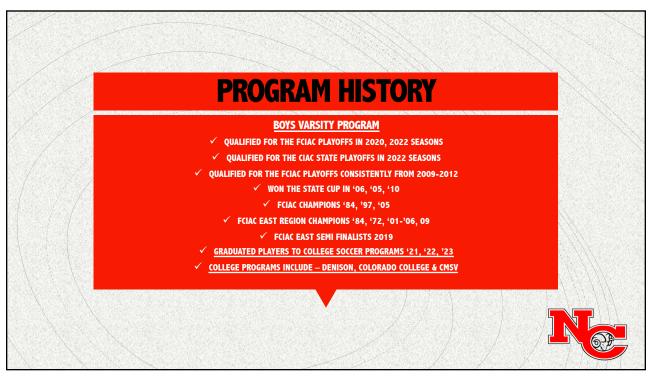
- HOME & AWAY JERSEYS & SHORTS. RED AND WHITE SOCKS NOT PROVIDED PRACTICE ATTIRE (PROVIDED BY FAMILY)
- PRACTICE JERSEYS (GREY & RED), BLACK SOCCER SHORTS, BLACK SOCCER SOCKS.
 - IN INCLEMENT WEATHER RAIN JACKET, ATHLETIC PANTS.
 - ADDITIONAL PLAYER SWAG & TRAINING KIT

















TRYOUTS

AUGUST 19, 20, 21

SAXE MIDDLE SCHOOL / CONNER FIELD

TWO SESSIONS PER DAY

BOTH AFTERNOON.

PLAYERS WILL BE EVALUATED ON:

ATTITUDE
EFFORT
FITNESS LEVELS
TECHNICAL ABILITY
TACTICAL KNOWLEDGE
GAME EFFECTIVENESS



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PLAYERS WILL CHECK IN AT THE BEGINNING OF EACH SESSION AND RECEIVE THEIR ASSIGNED TRYOUT NUMBER.

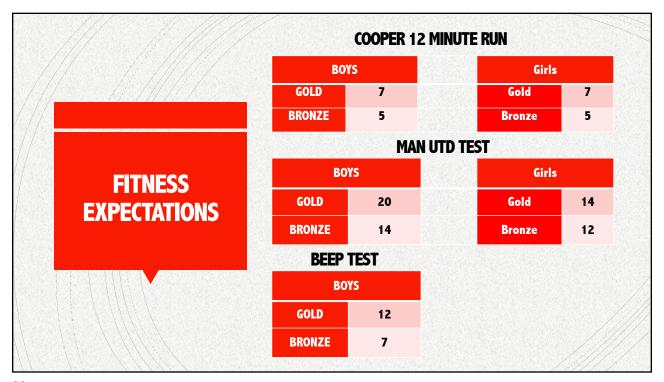
PROGRAM
DETAILS:
TRYOUT PROCESS

PARENTS AND/OR SPECTATORS ARE NOT PERMITTED TO STAY AND WATCH.

COACHES FROM EACH PROGRAM WILL EVALUATE ALL PLAYERS IN ATTENDANCE BEFORE CONSIDERING TEAM ROSTER NEEDS AND MAKING FINAL DECISIONS.

ROSTERS WILL THEN BE ANNOUNCED WITHIN 24 HOURS OF THE FINAL TRYOUT FINISHING.

ALL PLAYERS MAY NOT BE PLACED ON TEAMS





PROGRAM DETAILS: HOW TO PREPARE: THE SUMMER BOOSTER CLUB PRE-SEASON CAMP • DATES — AUGUST 14TH THROUGH 17TH • OPEN TO ALL PLAYERS 9TH THROUGH 12TH GRADE • TIMES — 4:00-7:00PM (9:00AM-12:00PM ON 17TH) • LOCATION - SAXE MS

COMMUNICATION

SPORTSYOU

GIRLS SOCCER 2024 – FELUEUEZ
BOYS SOCCER 2024 - 72Y6EY32





